

## Adult Worksheet Guide Handout

### **Ask yourself... Why do I need to learn a more in depth subject?**

Understand yourself and your current situation. Make notes in a small book and refer to it regularly.

### **How do I motivate myself to undertake some additional learning?**

Motivation is key in dealing with your own behaviors and outcomes.

Look for ways to self-motivate into another role or position.

Consider yourself an expert in something. All learning does not require mastery of a subject.

### **What educational or business experience opportunity suits my goals?**

Name five interests you have and determine one goal at a time.

- 1.
- 2.
- 3.
- 4.
- 5.

Differentiate yourself. Be specific. Inject your personality into your output.

For example, if you are good at critical thinking – strategy then...deliver real answers or solutions.

### **Are you an introvert or an extravert personality?**

Take an online review to see your own results. Do not take the results to be fully accurate, use the outcomes to help you understand your personality.

Find work that is valuable to you and suits your personality type.

If you want to be an entrepreneur then research these four types, mission based, passion based, opportunity based, and undecided. Look into several sources to and read up on the subject.

Brainstorm a business idea.

What kind of business in your market might you create?

Write down keywords and research them on google.com.

### **Final words – get scrappy and creative!**